

## Sunflowers



**Light:** Full Sun

**Plant seeds** 1" deep and 12" apart

**Timing:** Direct sow when soil has warmed  
- about 4 weeks after last frost.

**Watering Requirements:** Well draining  
soil, drought tolerant once established

**Size:** Height often over 6ft tall, staking  
may be necessary, especially in windy  
areas. Dwarf varieties are available,  
these are best for container growing.

**Bloom time:** approx 75 days after starting  
seeds. Seed heads can range from 3" to  
12" or greater and while yellow is most  
common, reds, bronze, and orange can be  
found. Blooms continue all summer into  
the fall.

